

An aerial photograph of a villa complex in Javea, Spain. The main villa in the foreground is a two-story white building with a terracotta roof, multiple terraces, and a swimming pool. It is surrounded by lush greenery and other similar villas in the background. A large, steep mountain rises behind the complex under a clear blue sky.

The
BELLE RETREAT
JAVEA, SPAIN



Your Home for the Weekend

For three days, this beautiful Spanish villa becomes your home.

Beautiful bedrooms.
Peaceful outdoor spaces.
A private swimming pool.
Mountain views.

Quiet corners to read, chat or simply switch off.

Whether you're enjoying your morning coffee in the sunshine or unwinding after dinner with your new friends, every part of the villa has been chosen to help you relax.

Because your surroundings matter just as much as your workouts.

Move Because It Feels Good

Forget workouts that leave you dreading the next one.

These sessions are designed to challenge you, energise you and remind you just how incredible your body is.

We'll move through a mixture of:

- Sculpt
- Strength
- Cardio
- Mobility

Every session is suitable for all abilities, with plenty of encouragement, laughs and modifications along the way.

No mirrors.

No judgement.

Just movement that makes you feel amazing.





Explore Beyond the Villa

Some of the best conversations happen while walking post workout.

Each morning we'll head out together to explore the beautiful Spanish coastline and surrounding mountains.

Fresh air.

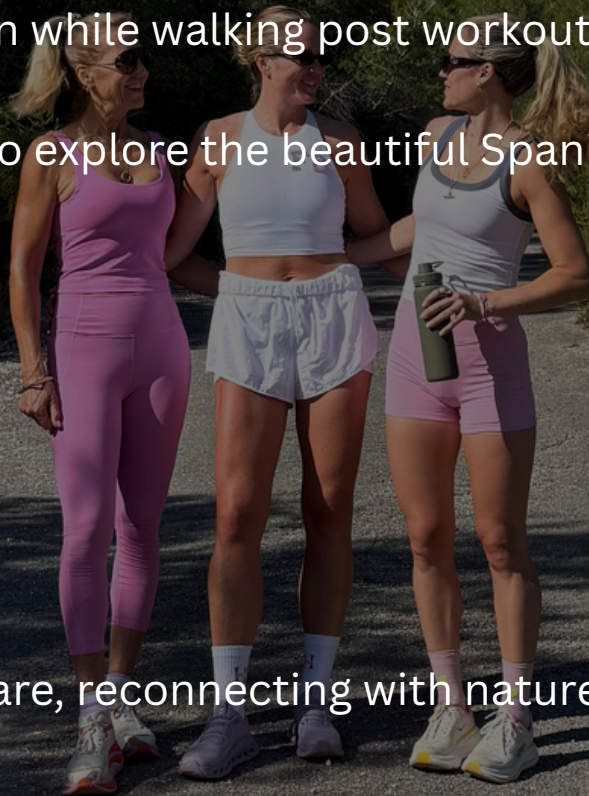
Quiet moments.

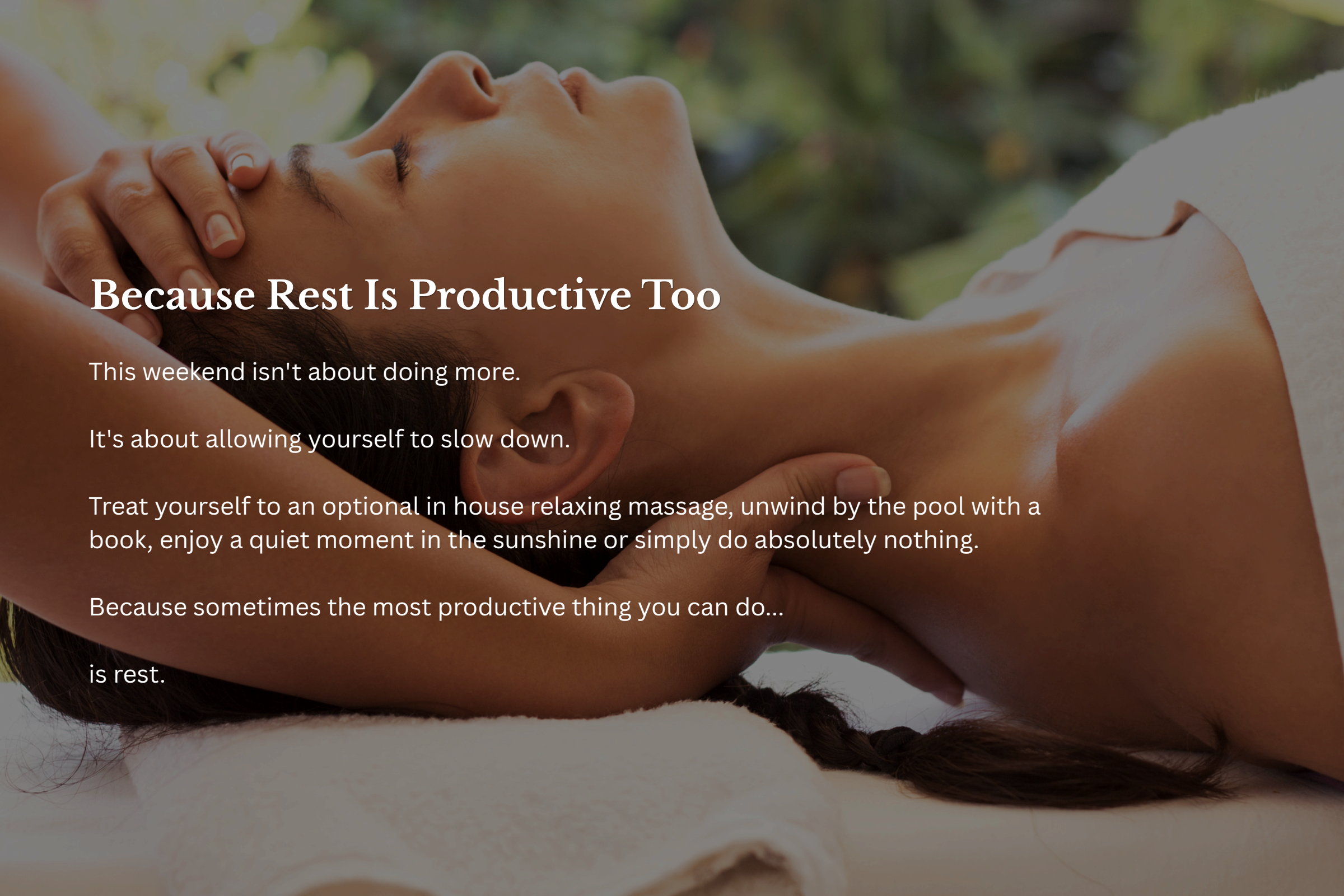
Incredible views.

Time to slow down.

These walks aren't about pace.

They're about appreciating where you are, reconnecting with nature and starting each day feeling refreshed.



A woman with dark hair is lying on her back on a white towel outdoors. Her eyes are closed, and her hands are resting near her head, with one hand touching her forehead. The background is a soft-focus view of green foliage. The overall mood is peaceful and relaxing.

Because Rest Is Productive Too

This weekend isn't about doing more.

It's about allowing yourself to slow down.

Treat yourself to an optional in house relaxing massage, unwind by the pool with a book, enjoy a quiet moment in the sunshine or simply do absolutely nothing.

Because sometimes the most productive thing you can do...

is rest.



Nourish Your Body & Enjoy Every Bite.

Every meal throughout the retreat is freshly prepared by ourselves and our private chef.

Think colourful, nourishing dishes that fuel your body without ever feeling restrictive.

Fresh local ingredients.

Beautifully prepared meals.

Healthy snacks.

Delicious breakfasts.

Long relaxed dinners around the table.

Food should be something to enjoy.

And that's exactly what this weekend is all about.



The Belle Hutt Community

One of the most special part of this retreat isn't something you can schedule.

It's the people, it's us.

You'll spend the weekend surrounded by women who never stop cheering each other on, like-minded, strong women.

We celebrate each other.
We laugh together.
We support one another.

Many guests arrive on their own.

Almost all of them leave wondering why they didn't do it sooner.

Because there's something incredibly special about sharing a weekend with women who all came looking for exactly the same thing.



You'll Leave With More Than Memories

You'll leave feeling...

Stronger

More confident

Recharged

Inspired

Proud of yourself

Connected

Rested

Motivated

Most importantly...

You'll leave knowing that looking after yourself doesn't have to feel complicated. Sometimes all you need is a weekend with Your Forever Virtual PT to remember how good it feels.



A woman with blonde hair tied back, wearing a checkered athletic top and shorts with lace-up details, is sitting on a dark yoga mat on a light wooden floor. She is smiling and looking towards the camera. The background is a plain, light-colored wall.

This Is Your Invitation

To press pause.

To reconnect with yourself.

To move.

To laugh.

To eat incredible food.

To watch the sunset.

To meet amazing women.

To remember that you deserve time for yourself too.

I can't wait to welcome you to Spain.

See you soon.

Belle x

